



## Positive Psychology (PosPsy) Certification Guidelines

### A certificate with an PosPsy title has to include the following:

1. the correct title of the qualification and the information regarding the amount of training time according to the PosPsy respective curriculum in days and hours.  
We recommend the following wording: **The training comprised of ... hours on ... days on-site face to face training, plus ... hours on ... days interactive live online training, plus ... hours on ... days non-interactive online training, from ... 2020 to ... 2020, in strict accordance with the high ethics and quality standards of the Positive Psychology Organization (PosPsy).**

(of course, you mention on the certificate only the form or mixture that you use)

**"Positive Psychology Basic, PosPsy":** 40 hrs. / 6 days

**"Positive Psychology Practitioner, PosPsy":** 120 hrs / 16 days (80 hrs./ on 10 days + the entrance qualification "Positive Psychology Basic, PosPsy") \*1

**"Positive Psychology Advanced, PosPsy":** 180 hrs / 24 days (60 hrs./8 days + the entrance qualification "Positive Psychology Practitioner, PosPsy") \*2

**"Positive Psychology Master, PosPsy":** 270 hrs / 36 days (90 hrs./12 days + the entrance qualification "Positive Psychology Advanced, PosPsy") \*3

**"Positive Psychology – Professional in [Specialisation], PosPsy":** 370 hrs. / 50 days  
(Certification in specialized field (30 days/220 hrs) + „Positive Psychology Practitioner, PosPsy“ (16 days / 120 hrs) + 1 Positive Psychology Elective in that specialized field (4 days / 30 hrs)) \*3

**e.g. "Positive Psychology – Professional in Coaching, PosPsy":** 370 hrs/50 days  
(Certified Coach, ICI (30 days / 220 hrs) – or comparable + „Positive Psychology Practitioner, PosPsy“ (16 days / 120 hrs) + 1 Elective in „Positive Psychology in Coaching, PosPsy“ (4 days / 30 hrs)) \*3

**"Positive Psychology Trainer, PosPsy":** 570 hrs/78 days (390 hrs/54 days + the entrance qualification "Positive Psychology Advanced, PosPsy") \*3

2. the date of the first and last day of the training
3. a statement that all PosPsy guidelines have been met – please see for this our recommendation in the sentence above: ... in strict accordance with the high ethics and quality standards of the Positive Psychology Organization (PosPsy).
4. the PosPsy seal (sticker with PosPsy logo and seal number)
5. the signature of the "Positive Psychology Master Trainer, PosPsy"

Please note that if you use an PosPsy title on a certificate, an PosPsy seal is required.

\*1: If for "Positive Psychology Practitioner, PosPsy" only the Practitioner module time of 80 hrs./10 days is used on the certificate, then it is needed to include, that the entry requirements for this qualification is a valid "Positive Psychology Basic, PosPsy" certificate.

**\*2:** If for “Positive Psychology Advanced, PosPsy” only the Advanced module time of 60 hrs./8 days is used on the certificate, then it is needed to include, that the entry requirements for this qualification is a valid “Positive Psychology Practitioner, PosPsy” certificate.

**\*3:** and so on like at \*1 and \*2

## Optional

**1. Training content for the qualification:** We highly recommend to list the complete trained main content and the complete amount of training hours and days that is needed for the certified qualification in Positive Psychology on the backside of the certificate or on a separate signed document.

**2. Entry Requirements with not PosPsy sealed certificates:** Certificates with a comparable amount of training from a Positive Psychology Master Trainer with comparable qualification background like a “Positive Psychology Master Trainer, PosPsy” can be accepted as entry requirement as well. In case of any ambiguity or uncertainties please contact the PosPsy President in charge of the relevant country or the Office of the PosPsy Organization.

**3. For stating the academic value of an PosPsy sealed certificate the following statement can be used:** "Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Positive Psychology."

### More Details regarding PosPsy Certification and Training Standards:

A training hour has 60 minutes. Breaks longer than 30 minutes are not counted as training time. A training group has at least 6 members (counted without assistants or "Positive Psychology Master Trainer, PosPsy"). We highly recommend assistants for trainings bigger than 10 participants. An PosPsy certification training with PosPsy sealed certificates (sticker with PosPsy logo and seal number) has to be conducted at least 80% of the time by an approved "Positive Psychology Master Trainer, PosPsy". The remaining up to 20% of the training can be conducted under his supervision and responsibility.

The list of appointed "Positive Psychology Master Trainer, PosPsy":

[www.PosPsy.org/mastertrainer](http://www.PosPsy.org/mastertrainer)

**PosPsy seals:** For ordering PosPsy seals please use the login area. In this online process you can define the correct address where the seals should be sent, the system sends you the invoice immediately, you can pay immediately, and everything goes faster this way. A seal costs 15 €. The PosPsy pays the shipment. Every PosPsy seal consists of the PosPsy logo with a unique number.

### Free membership with a sealed certificate

We highly recommend that you motivate your training participants to become a member for free. No admission fee and no yearly membership fee. Really totally free of cost. Registration has many advantages. First of all, it supports your marketing for all the members who come from you are listed in your profile. The benefits for the participants: [www.PosPsy.org/about/benefits](http://www.PosPsy.org/about/benefits)

Your participants can register individual one by one at [www.PosPsy.org/application](http://www.PosPsy.org/application)

This application process is time consuming for your participants and requires them to upload their certificate for validation. Therefore, we recommend a more easily approach to register all of your participants at once without the need to upload individual certificates. Its quick and easy.

**There are 2 methods to register all of your participants in one step:**

**Method A** (recommended): Let your participants register with a simple magic link when you hand out the sealed certificates directly at the end of your training.

**Method B** (not recommended): Group Registration per E-Mail some days after the end of a training.

Please find all details here: [www.PosPsy.org/pdf/registration.pdf](http://www.PosPsy.org/pdf/registration.pdf)